

# "TRY it out" BINGO

Get ready for a month of new experiences! Here are some ideas for new things you can do. Each time you try something new, cross it out or color it in, until you have a BINGO: five squares across, up and down, or diagonally. There are 5 spaces where you can add our own ideas for something new to try. When the month is over, you can keep your bingo board in your Courage Box or cut out your squares and put them on your Confidence Vision Board!

You can add your own ideas!

	Write a letter to someone in your community	Learn a new dance	Plan out your dream roadtrip	Make a new recipe
Try on an outfit that's different from your normal style	Learn to say a few words in a new language	Talk to someone new at school	Listen to a new song	
Help out with a chore you don't usually do			Go for a walk in a new place	Read a biography of someone new to you
Sit in a different spot at lunch	Play a sport you've never tried	Try going a whole day without screens		Play a new game with your family
	Try a new hairstyle	Learn about a country you've never been to	Ask a family member a question you've never asked them	Raise your hand in a class where you're normally quiet

"If it's a good idea, go ahead and do it."  
—Grace Hopper, Computer Scientist