

**BE FESTIVE,
STAY REBEL!**

**REBEL
GiRLS**

**STAY
REBEL!**

Be Festive, Stay Rebel

This December, Rebel Girls is getting festive! The activities below are inspired by four incredible women who are all about living out loud.

PLAN A PARTY!

Hosting a get together is a great way to get into the holiday spirit. Here's how to get the party started:

- **Write up a guest list.** Maybe you're in the mood for a sleepover with your two besties, or maybe you're hoping to throw a big to-do with your whole extended family and all your neighbors. Either way, hone in on who you'd like to invite and decide how to spread the word. There are lots of websites that let you create and share evites, or you can break out the construction paper and markers to make old-school paper invitations.
- **Make a playlist.** Log in to whatever music streaming service you use, and add your favorite upbeat songs to a playlist. If you're throwing a holiday party, you can choose to make a themed playlist, or just put together a good mix of songs that will make everyone want to dance.
- **Decide on the menu.** The menu will depend on what time of day you plan to host your gathering. If it's a sleepover party with a few friends, keep it fun and casual with something like pizza and a make-your-own-sundae bar. If you're throwing an early evening shindig, folks might expect dinner. This brings us to our next activity . . .

TAKE OVER THE KITCHEN

One of the qualities people loved about Julia Child was that she always made cooking joyful and fun. Cooking a big meal might seem daunting at first, but with some help and a can-do attitude, your festive meal can be a hit.

First, decide what kind of cuisine you want to cook. Maybe you'd like to try your hand at your grandma's famous spaghetti and meatballs? Perhaps you want to recreate the Chinese take-out your family orders every Friday night? Once you have your meal in mind, find a recipe that looks yummy online, grab your grown-up, and get shopping. If you're cooking a cuisine with ingredients not found in big grocery stores, it can be fun to explore a local Asian food market, for instance. Be sure to pick up a new snack you haven't had before! Now that you have your supplies, you can delegate tasks among your family. Someone can be the vegetable chopper, someone can be the stirrer—and everyone can be a taste-tester.

DESIGN A NEW OUTFIT

Isabella's Springmühl's designs are bright and colorful. She designs clothes that she would wear herself. If you were to create your own dream outfit, what would it be like? Do you gravitate toward vivid colors and bold patterns, or are your favorite clothes more subdued? Are soft, comfortable clothes more your style, or will you wear your dream dress no matter how scratchy it might be? Using markers, crayons, construction paper, felt, or other scrap fabric, channel your inner fashion designer and start creating.

REFLECT ON YOUR YEAR

Do you keep a journal? Many of Taylor Swift's songs are drawn from her personal experiences—the kind she would write about in a diary. As the year ends, it's a great time to write about all of the adventures you had and goals you accomplished. Did you earn an A on a particularly difficult test? Did you make some new friends? Did you try a sport you've never done before? Write it all down so you don't forget. When you're done with that list, make some notes about what you want to take on next year. Maybe you'd like to take an art class? Perhaps you'd like to try out for the travel soccer team? Come up with your new goals and check them off one by one as the new year begins!

Listen to stories about these amazing young changemakers on the Rebel Girls app. Just scan the codes below.



Taylor Swift



Julia Child



Celia Cruz



Isabella Springmühl