Happy Women's History Month, Rebels. This month, we're celebrating powerful pairs of women because we know that when women connect and work together, they can accomplish even more. Grab a grown-up (or some siblings or friends) and connect while you cook, create, share stories, and help others.

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BE CONNECTED. STAY REBEL! Presented by

BOOST YOUR IMPACT-WHILE YOU BOND

Marie Curie was a brilliant scientist, and her daughter Irène followed in her footsteps. The two did research and conducted experiments. They developed portable X-ray machines that they took to the front lines of World War I. Together, they helped more wounded soldiers than if they were alone.

Think about where you and your grown-up (and siblings and friends) could volunteer to help others or help a cause. By working in a pair or group, you can increase your impact. With your grown-up's guidance, choose an organization and pick a day to volunteer. Afterward, connect and share what you learned and how you felt about volunteering.

COOK IT, THEN BOOK IT

Portia Mbau is a talented chef. She traveled southern Africa, learning about local flavors and dishes. Then she opened the Africa Cafe and put her favorites on the menu. After years of running a restaurant, she decided to produce a cookbook—with her daughter's help. Portia cooked the food, and Lumai took beautiful pictures of the cooking and designed the book. Take some inspiration from this pair and connect in the kitchen.

- 1. Talk about places you have been and the foods that remind you of your trips.
- 2. Choose some recipes to cook together.
- 3. Take pictures of your fabulous dishes. Try out different types of lighting, and style each photo differently.
- 4. Take turns being the chef and the photographer. Maybe one day soon, you'll have your own cookbook to share!

CONNECT AND LEARN

Leena Sharma taught her daughter Bhakti to swim when she was very young. But you're never too young or too old to learn new things. Along with your grown-up, brainstorm things you like to do and things you are good at. Write them down and share them with each other. Pick something from one another's list. Then you can take turns being the teacher and student.

CONNECT ON THE GO!

Briana and Cambyr Sullivan learned a lot about each other while they hiked 2,000 miles together on the Appalachian Trail. How can you and your grown-ups connect? What can you learn while you explore?

- Pick a place you would both like to explore. Maybe it is a local park or garden, a small town nearby, an art gallery? You choose.
- 2. Visit your special place together and talk as you walk. Bring along a list of questions you'd each like to ask. (If you need help, check out *Questions for Rebel Girls*!) Visit as many times (or as many places) as you like. You'll learn about each other and the world around you as you wander.
- Hikers on long treks often give and get nicknames—and Briana and Cambyr were no different. Briana's trail name was Chickweed and Cambyr went by Kaleidoscope. Come up with your own trail names as you explore.